



zip-lining over the island – forest and streams twinkling in valleys far below – salads were waiting for us alongside the filleted catches.

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Early one morning we took a guided outrigger-canoe tour, dipping our oars in carefully to avoid the large green sea-turtles, their backs occasionally visible above the surface. They are one of Hawaii's many endangered species – the islands' physical isolation means that there are more rare beasts here than almost anywhere else on Earth. Most famous is the nene, Hawaii's state goose – which we only glimpsed once, not roaming free but in a special enclosure at the Hilton Waikoloa Village, where we stayed on the neighbouring Big Island.

We spent three days on Big Island, home to Hawaii's only active volcanoes, and took a guided tour at nightfall to see a hidden lake of molten rock, burning red beneath a cloud of steam, in Halemaumau Crater. Nearby we visited a lava tube – a cave formed by flowing lava moving beneath a hardened surface. Underfoot we could feel the hard spikes of solid lava, while ice-cold globules of water dripped on our heads. We did not linger. Even if you never strayed from the exquisite beaches, you would still be aware of the volcanoes. Pitch-black lumps of hardened lava are strewn over the sand and the volcanoes loom in the distance, shaping the island and perhaps also the local spirit. Where else would the injunction 'live for the moment' be so piquant?

In Maui we drove up through fog and rainbows to the top of Haleakala, another volcano, and when we stepped out into the bril-

liant sunshine and biting cold, it felt as though we had landed on another planet. At over 10,000 feet high, with the clouds spread out beneath us, it was hard to believe that earlier in the day we had been snorkelling in the warm waters far below. Almost as striking as the view was the sepulchral silence: the air up there is so clear, dry and still that it has become one of the most sought-after space-observation platforms in the world. The trip to the summit has become a rite of passage for travellers to Maui, and most visitors come at sunrise. But sunset is just as spectacular and you have the place almost to yourself.



## HOW TO GET THERE

There are several flights daily from London to Hawaii via Miami with American Airlines (www. aa.com). Mokulele Airlines (www.mokuleleairlines.com) flies between the islands.

## WHERE TO EAT

Ka'ana Kitchen or Morimoto Maui at the Andaz Maui hotel; otherwise, Mokapu Market, a 24-hour deli off the lobby, or Mama's Fish House in Paia (+1 808 579 8488; www.mamasfishhouse.com).

## WHERE TO SHOP

Paia, a beach town selling antiques, clothing and jewellery.

## WHAT TO DO

Zip-lining at Pi'iholo Ranch Adventures in Makawao (+1 800 374 7050; www.piiholozipline.com). Whale-watching with Sail Trilogy, based in Lahaina (+1 808 874 5649; www.sailtrilogy.com). The Twilight Volcano Adventure on Big Island with Hawaii Forest & Trail (+1 808 331 8505; www.hawaii-forest.com).



often down tiny country roads that, apart from the occasional splash of a tropical flower, could almost have been in the

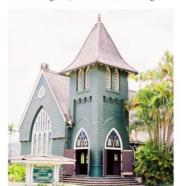
a tropical flower, could almost have been in the Cotswolds. As we edged around switchback corners, we'd sometimes glimpse a group of horses galloping over the hills. One day we took the celebrated road to Hana – a winding narrow highway over little bridges and through lush

rainforest, waterfalls on one side, sweeping ocean views on the other. Although we had considered staying the night in Hana, the pull of the Andaz was too great and we returned, stopping off in the quaint plantation-style town of Paia, where you can pick up crystals and souvenirs. Just outside Paia is Mama's Fish House, a

restaurant in a coconut grove overlooking one of the loveliest beaches in Maui. We ate Kalua wild boar and sashimi, served with a fingerling lime.

Back at the Andaz, I visited the spa's blending bar, where you can customise your own massage lotion from locally grown herbs, plants and fruits. The staffput together an enticing concoction for me, including lime, chai spices and awapuhi (Hawaiian white ginger) that, days later, after frequent dips in the sea, I could still smell on my skin. And then they bottled up the rest of the lotion so that I could take it home. Now, whenever I want to be transported back to Hawaii, I only have to open that bottle and the genie is released.

Andaz Maui at Wailea Resort (+1 808 573 1234; www.maui.andaz.hyatt.com), from about £320 a room a night. Hilton Waikoloa Village (www.hilton waikoloavillage.com), about £125 a room a night.



57

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